

**Student Disability Services
Guidance Memo #4 Resources**

FUNDS

Student Emergency Funds

: <http://www.lehman.edu/office-campus-life/lehman-cares-emergency-assistance-funds.php>

: <http://www.lehman.edu/emergenciesfund> Priority for rent, utilities, and food

FOOD

Free food delivery from NYC

https://urldefense.proofpoint.com/v2/url?u=https-3A_www1.nyc.gov_assets_dsnyc_contact_services_COVID-2D19FoodAssistance.shtml&d=DwIFAg&c=tzSjEhL4u5XIh9GXWARTsBI31pp--h2kWBIdC1LS_M&r=DaSfKssM4-p4JpgHUekY3ZqXfXK3WO6_xXBPqsLZ3r3BDIY04UmIG7ZuIUyKh9dN&m=trVHzVu6uQXtQGdeJFsZ7c7mWhgLOKGbWXdUonQmOTA&s=1xEPAIruoSViqdDPvqPeKH5INKBC_8OwAK4AAhIsi

https://urldefense.proofpoint.com/v2/url?u=https-3A_www1.nyc.gov_assets_dsnyc_contact_services_COVID-2D19FoodAssistance.shtml&d=DwIFAg&c=tzSjEhL4u5XIh9GXWARTsBI31pp--h2kWBIdC1LS_M&r=DaSfKssM4-p4JpgHUekY3ZqXfXK3WO6_xXBPqsLZ3r3BDIY04UmIG7ZuIUyKh9dN&m=trVHzVu6uQXtQGdeJFsZ7c7mWhgLOKGbWXdUonQmOTA&s=1xEPAIruoSViqdDPvqPeKH5INKBC_8OwAK4AAhIsi

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3 free grab and go meals for adults and children in nyc

<https://www.schools.nyc.gov/school-life/food/free-meals>

Food Bank for New York City (Find food pantries in your zipcode)

<https://www.foodbanknyc.org/get-help/>

Hunger Free America (Guide)

<https://www.hungerfreeamerica.org/neighborhood-guides-food-assistance>

NEON Nutritions Kitchens - Expanded hours and new location in the Bronx for food distribution

<https://www1.nyc.gov/site/neon/programs/nutrition-kitchen.page>

Mental Health Resources

Free digital resources for the duration of the COVID 19 Pandemic

<https://nycwell.cityofnewyork.us/en/covid-19-digital-mental-health-resources/>

<https://s20243.pcdn.co/wp-content/uploads/2020/04/COVID-19-Digital-Mental-Health-Resources.pdf>

Housing Assistance

Coalition for the Homeless

<https://www.coalitionforthehomeless.org/get-help/im-in-need-of-housing/>

Free Legal Assistance for Housing Issues

<https://www.nycourts.gov/COURTS/nyc/housing/legalassistance.shtml>