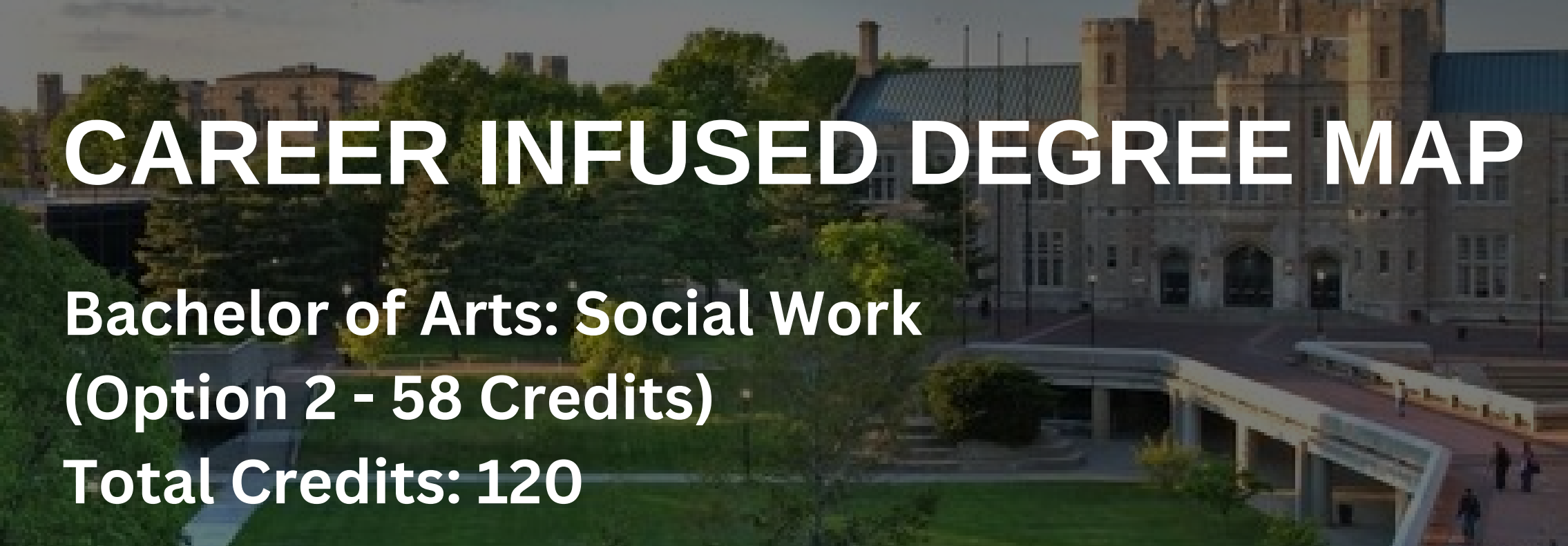




CAREER INFUSED DEGREE MAP

Bachelor of Arts: Social Work
(Option 2 - 58 Credits)
Total Credits: 120

The B.A. in Social Work prepares students to support diverse populations, promote social change, and address community needs through professional social work practice. The career infused degree map allows students to commit to their career exploration by aligning coursework with career readiness milestones.

FRESHMAN

SOPHOMORE

ACADEMICS

CAREER READINESS

CREDITS

- 3 ENG 111 - English Composition I
- 3 Flexible Core Creative Expression (Course Set)
- 3 MAT 126 - Quantitative Reasoning
- 3 PSY 166 General Psychology
- 3 LEH 250 - First-year Seminar

15 TOTAL CREDITS

1ST SEMESTER

- ☐ Activate your [Handshake](#) account to begin exploring career resources and opportunities available through your college's [Career Exploration and Development Center](#)
- ☐ Join a [Lehman student club or organization](#) to begin building your network and developing soft skills Social Work Club Lehman College.
- ☐ Create a resume to begin document your achievements. Review resume samples for your major in the Resources section of the Career Center page on Handshake.
- ☐ Enroll in Enroll in free introduction to MS 365 computer skills workshops, tutoring/writing support, and/or leadership training ([Lehman IT Center](#), [Lehman Tutoring Center](#), [Office of Campus Life](#)).

2ND SEMESTER

- 3 ENG 121 - English Composition II
- 3 Flexible Core - U.S. Experience in Its Diversity (Course Set)
- 3 Flexible Core - World Cultures and Global Issues
- 3 POL 166 - American Political System
- 3 SOC 166 - Fundamentals of Sociology

15 TOTAL CREDITS

- ☐ Create a [LinkedIn](#) account to establish your professional presence online, build industry connections, and follow developments and trends.
- ☐ Take the [Focus 2 Career Assessment](#) (code: Lightning), explore [employment options](#), subfields and career paths. (OASAS, SAMHSA, NASW, NY State Office of Mental Health, School Social Work Association of America, [Occupational Outlook Handbook](#))
- ☐ Create a first-draft cover letter you can use to professional development opportunities ([scholarships](#), [research opportunities](#), [CUNY pipeline programs](#)).
- ☐ Start researching the New York State Office of Addiction Services and Supports (OASAS) CASAC-T credentials. See [requirements](#).

CREDITS

- 3 General Education Foreign Language Option (Course Set)
Notes: *Contact the Languages and Literatures Department for proper placement.*
- 3 Flexible Core - Scientific World (Course Set)
- 3 ENW Any 300-level course
- 3 SWK 237 - Introduction to Social Work and Social Welfare
- 3 Flexible Core - Individual and Society (Course Set)
- 3 CED 102 - Introduction to Career Development
Note: *This class is optional*

15 TOTAL CREDITS

1ST SEMESTER

- ☐ Attend an [info session](#) and apply to the Social Work or CASAC-T track to align your academic pathway with your intended professional career goals.
- ☐ Identify a mentor in your field with whom you can check-on periodically at the [School of Health Science, Human Services and Nursing](#). (NASW-NYC, NYS Society for Clinical Social Work)
- ☐ Apply for internships that provide hands-on experience in social work (The Bridge, Hands On Health Associates, The Child Center of NY, AHRC NYC, SAMHSA, Green Chimneys, NYPCC, NYSPCC).
- ☐ Attend the ‘Mastering the Art of Interviewing’ workshop to learn the fundamentals of interviewing for internships and entry-level jobs. Register on Handshake.
- ☐ Attend Social Work Information Session to explore career pathways and licensure options within the BSW program. (<https://www.lehman.edu/academics/health-human-services-nursing/social-work/BSW/>).

2ND SEMESTER

- 3 General Education Foreign Language Option (Course Set)
Notes: *Contact the Languages and Literatures Department for proper placement.*
- 3 Flexible Core - Any Area (Course Set)
- 4 BIO 183 - Human Biology
- 3 SWK 239 - Social Welfare Institutions
- 3 Elective

16 TOTAL CREDITS

- ☐ Prepare for a career in Social Work by completing the required application materials.
- ☐ Continue tracking internship applications and confirm that the SWK major track is aligned with the educational requirements for [CASAC-T](#).
- ☐ Meet with faculty or academic advisor to apply to research opportunities for sophomores via the School of Health Sciences, Human Service and Nursing and if approved for Work Study, explore work opportunities in the Social Work Program.
- ☐ Attend a free online [workshop](#) for more social work training.



LEHMAN COLLEGE
DIVISION OF

Student Affairs

Career Exploration &
Development Center



LEHMAN COLLEGE

School of Health Sciences,
Human Services & Nursing

CAREER INFUSED DEGREE MAP

Bachelor of Arts: Social Work
(Option 2 - 58 Credits)
Total Credits: 120

ACADEMICS

CAREER READINESS

CREDITS

- 3 LEH 352 - Studies in Literature OR
LEH 353 - Studies in the Arts OR
LEH 354 - Studies in Historical Studies OR
LEH 355 - Studies in Philosophy, Theory and Abstract
Thinking *
- 3 SWK 251 - Substance Abuse and Urban Society
- 3 SWK 305 - Human Behavior and the Social Environment I
- 3 SWK 311 - Social Work Practice I
- 3 Any 300 level Sociology Course or Social Work course
above 312

***Notes:** These are variable topic courses, where each section covers a special topic. Pre-requisite: You must have achieved 60 credits and declared your major. Integration Courses: LEH 352: Studies in Literature, LEH 353: Studies in Arts, LEH 354: Studies in Historical Studies, LEH 355: Studies in Philosophy, Theory & Abstract Thinking (LEH 351: Studies in Science & Applied Perspectives, is NOT a College Option for this Major).

15 TOTAL CREDITS

1ST SEMESTER

- ☐ Become a member of a professional organization in your field National Association of Social Workers (NASW).
- ☐ Attend career fairs and industry conferences to network with professionals and meet recruiters in healthcare/mental health services, education corporate/businesses, research, government, and law enforcement/legal.
- ☐ Mark your calendar and register for the annual fall CEDC Internship Fair at Lehman.
- ☐ Meet with your CEDC Career Specialist to practice your elevator pitch and update your resume and cover letter.
- ☐ Attend the 'Networking Strategies' workshop on Handshake and widen your network of contacts across Lehman and platforms like LinkedIn.
- ☐ If pursuing graduate study, begin exploring the process for applying to graduate school.

2ND SEMESTER

- 3 LEH 352 - Studies in Literature OR
LEH 353 - Studies in the Arts OR
LEH 354 - Studies in Historical Studies OR
LEH 355 - Studies in Philosophy, Theory and
Abstract Thinking
- 3 SWK 306 - Human Behavior and the Social Environment II
- 3 SWK 312 - Social Work Practice II
- 3 SWK 446 - Social Work Research
Note: This is a floating class, which can be also taken here or in Year Four 1st or 2nd semester
- 3 SWK 351 - Theoretical Perspective of Substance Abuse
Note: Also satisfies SWK elective requirements

15 TOTAL CREDITS

- ☐ Mark your calendar and register for the annual spring CEDC Job & Internship Fair at Lehman.
- ☐ Apply for a summer intensive internship or field placement related to substance abuse services.
- ☐ Complete NYS Mandated Reporter Training to meet professional standards for social work practicum requirements for the Year Four. [Create account here.](#)
- ☐ Meet with a professor to explore New York Social Work Education Association (NYSSWE) at attend, present a student academic research poster and explore requesting funding from Students' affairs for Year Four first semester.

CREDITS

- 2 SWL 440 - Practicum Seminar I
- 3 SWK 443 - Social Welfare Policy
Note: This floating class, which can also be taken only in Year Four 1st and 2nd semester
- 4 SWK 470 - Practicum I
- 3 Minor or Certificate Course I
- 3 Minor or Certificate Course II

15 TOTAL CREDITS

1ST SEMESTER

- ☐ Meet with your Career Specialist for full-time job search preparation: finalize your professional resume and cover letter and prepare for interviews.
- ☐ Engaged in supervised practicum, track key accomplishments and competencies, cultivate mentorship relationships, add relevant experience to your resume and LinkedIn profile.
- ☐ As graduation nears, reconnect with mentors for career advice, job leads, references, and continued mentorship post-graduation.
- ☐ If applicable, begin drafting your application materials and identify your faculty references for graduate school or other postgraduate opportunities.
- ☐ Attend MSW Graduate Fair Day. Social Work students meet with various MSW programs for information about graduate programs.
- ☐ Attend or present at the New York State Social Work Education Association (NYSSWE) Academic Research Presentation if approved.

2ND SEMESTER

- 2 SWK 441 - Practicum Seminar II
- 4 SWK 471 - Practicum II
- 2 Elective
- 3 Minor or Certificate Course III
- 3 Minor or Certificate Course IV

14 TOTAL CREDITS

- ☐ Complete your practicum and secure letters of recommendation from field supervisor and faculty.
- ☐ Submit your CASAC-T application to OASAS (after your education/training requirements are complete).
- ☐ Mine job sites (NASW, NYS, LinkedIn, Handshake, Social Work Job Bank, Social Work Today, Idealist) and apply for career-related roles. Record your progress and remember to follow up on your applications.
- ☐ Join the [Lehman Alumni Network](#) and [CUNY Alumni Network](#) for valuable career resources and continuous support.
- ☐ Complete the Cap and Gown Survey in CUNYfirst.
- ☐ If applicable, complete the process of applying to graduate school.