

Concentration

Improve your concentration and boost academic performance with advanced methods for refining focus and optimizing study efficiency.



Wed, March 18 @ 7 PM – 8 PM

Sun, March 22 @ 6 PM – 7 PM

Join us:

<https://tinyurl.com/ConcentrationS26>

Visit us in our Virtual Center: <https://tinyurl.com/VirtualLTC>

Contact Us: ☎ 718-960-8175 ✉ issp.program@lehman.cuny.edu