



Improve your concentration and boost academic performance with advanced methods for refining focus and optimizing study efficiency.

Concentration



Wed, October 22 @ 6 PM – 7:30 PM

Sun, October 26 @ 6 PM – 7:30 PM

Join us:

<https://tinyurl.com/ConcentrationF25>



Visit us in our Virtual Center: <https://tinyurl.com/VirtualLTC>

Contact Us: ☎ 718-960-8175 ✉ issp.program@lehman.cuny.edu