



**Transfer Advising Worksheet – Pathways
A.S. in School Health Education at Borough of Manhattan Community
College to B.S. in Recreation Education at Lehman College**

Effective Date: Fall 2023

Borough of Manhattan Community College:

Common Core	
<i>Required Common Core – 12 credits</i>	
English Composition	6
Mathematical & Quantitative Reasoning	3
Life & Physical Sciences	3
<i>Flexible Core – 18 credits</i>	
World Culture & Global Issues	3
U.S. Experience in Its Diversity	3
Creative Expression	6
Individual & Society	3
Scientific World	4
Total Common Core	30
Associate Degree Major Requirements Remaining as Advised	
EDS 201 Adolescent Learning and Development EDU 202 Urban Schools in a Diverse American Society HED 110 Comprehensive Health Education HED 202 Drug Use in American Society HED 220 Human Sexuality HED 230 Consumer Health Survey HED 235 Nutrition for Health HED 302 Health Counseling	25
Program Electives (Choose at least 5 credits) EDU 201 Observing Children and their Development HED 201 Health Education and Exercise (recommended for optimal transfer) HED 210 Contemporary Health Issues HED 211 Critical Health Topics & Issues HED 240 First Aid, Safety and Cardio Pulmonary Resuscitation HED 250 Stress: Awareness, Understanding ^[1] and Management HED 260 Fitness & Cardiovascular Health ECE 201 The Exceptional Child	5
Total Associate Degree Major Credits	30

Lehman College:

College Option	Credits
<p>Choose two of the following:</p> <p>LEH 352 Studies in Literature</p> <p>LEH 353 Studies in the Arts</p> <p>LEH 354 Historical Studies</p> <p>LEH 355 Studies in Philosophy, Theory, and Abstract Thinking</p>	6
Bachelor's Degree Major Requirements Remaining	
<p>21 credits in Recreation Education:</p> <p>REC 200 History and Philosophy of Recreation REC 210 Recreation Leadership</p> <p>REC 240 Inclusive Recreation Service</p> <p>REC 302 Administration of Recreation Service</p> <p>REC 360 Selected Topics in Recreation</p> <p>REC 387 Research and Evaluation in Recreation</p> <p>REC 422 Program Planning in Recreation</p>	21
<p>12 Credits in One Concentration:</p> <p>Either...</p> <p>Recreation Management:</p> <p>REH 330 – Management of Youth Serving Organizations</p> <p>REC 361 Outdoor Recreation and Sustainable Management</p> <p>REC 405 Facility Management in Recreation Service</p> <p>REC 410 Advanced Financial and Human Resource Management in Rec. Service</p> <p>Or...</p> <p>Exercise and Sport:</p> <p>EXS 264 Introduction to Exercise Science</p> <p>EXS 265 Behavioral Aspects of Physical Activity</p> <p>EXS 304 Coaching Youth and Team Sports</p> <p>EXS 424 Principles and Practices of Fitness and Wellness Programming</p>	9-12
<p>6 credits Selected from:</p>	0

REC, REH, EXS, DNC, DFN, HEA, HSA, and/or HSD courses with Departmental approval (courses taken at BMCC may fulfill this requirement)	
6 credits in Recreation Internship: REC 470 Internship in Recreation	6
<i>Remaining credits in the Lehman major</i>	36-39
General Electives	
Students should consult with an advisor when choosing elective courses to ensure that 60-credit Liberal Arts requirement is being satisfied.	15-18
Total Credits Earned at Lehman College	60
Total Credits Transferred from BMCC	60
Total credits Required for Bachelor's degree at Lehman College	120