#### **DEPARTMENT OF HEALTH SCIENCES**

#### **CURRICULUM CHANGE**

Name of Program and Degree Award: B.S. in Recreation Education

Hegis Number: 0835.00 Program Code: 02593 Effective Term: Fall 2022

1. <u>Type of Change</u>: Change in Degree Requirements

#### 2. **From:**

Recreation Education, B.S. (40-Credit Major)

The program in Recreation Education leads to the B.S. degree and is designed to prepare students for entry into the recreation and leisure services profession. Recreation and leisure services are provided in a variety of settings serving people of all ages in carefully planned and organized recreation programs. Students may specialize in therapeutic recreation, administration, or exercise and sport. Therapeutic recreation specialists are employed in health and human service settings, such as hospitals, nursing homes, adult day care, youth agencies, drug treatment centers, and homeless shelters; they work with people with a variety of disabilities and health conditions. Students are eligible to sit for the national certification examination for certified therapeutic Recreation Specialist (CTRS), administered by the National Council for Therapeutic Recreation Certification.

Students in the administration option are employed in public park and recreation agencies, not-for-profit organizations, such as PAL and the YMCA, health and fitness centers, camps, and sports associations. Students in this specialization have met the academic requirements, upon graduation, to sit for the national certifying examination for Certified Park and Recreation Professional (CPRP), administered by the National Recreation and Park Association. Students in the Exercise and Sport option can work as programmers, fitness trainers, group exercise leaders or coaches, in sports and fitness programs in a variety of settings. Students are prepared to obtain various fitness certifications from several national organizations. Fieldwork and internship experiences are important components of the major, which give students the opportunity to apply theory to practice in an actual work setting under the supervision of a qualified professional.

The required courses and	I credits are distributed	as follows	(40 credits)	):
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15	credits	in R	ecreation	Fdı	ication.
7	CICUITO	11 1 1 1	Colcation	$\perp$ u	icalion.

Credits REC 200 REC 210 REC 221 REC 387 REC 302	History and Philosophy of Recreation Recreation Leadership Introduction to Therapeutic Recreation Service Research and Evaluation in Recreation Service Administration of Recreation Service	3 3 3
9 credits in o	ne of three <del>options</del> :	
Therapeutic	Recreation:	
Credits REC-325 REC-421 REC 425	Therapeutic Recreation in Long-Term Care Programs in Therapeutic Recreation Service Processes and Techniques of Therapeutic Recreation	3
Administration	<del>n</del> :	
Credits REC 360 REC 361 REC 422	Selected Topics in Recreation  Camp Leadership and Outdoor Recreation  Program Planning in Recreation	3
Exercise and	Sport:	
Credits EXS 264 EXS 265 EXS 304	Behavioral Aspects of Physical Activity Introduction to Exercise Science Coaching and Team Sports	3

#### 8 credits Selected from:

REC, REH, EXS, DNC, DFN, HEA, HSA, and/or HSD courses with <del>De</del>partmental approval.

#### 8 credits in Recreation Internship:

Credits		
REC 370	Recreation Internehin	1
NEO OTO	1xeoreation internship	
REC 470	Senior Internship in Recreation	4

#### 3. <u>To</u>:

Recreation Education, B.S. (45 Credit Major)

The program in Recreation Education leads to the B.S. degree and is designed to prepare students for entry into the <u>parks</u>, recreation, and leisure services profession. Recreation and leisure services are provided in a variety of settings serving people of all ages in carefully planned and organized recreation programs. Students may <u>concentrate</u> in therapeutic recreation, <u>recreation management</u>, or exercise and sport.

<u>Students in the therapeutic recreation concentration</u> are employed in health and human service settings, such as hospitals, nursing homes, adult day care, youth agencies, drug treatment centers, and homeless shelters; they work with people with a variety of disabilities and health conditions.

Students in the <u>recreation management concentration</u> are employed in public park and recreation agencies, not-for-profit organizations, <u>community recreation centers</u>, camps, and sports associations.

Students in the exercise and sport concentration can work as programmers, fitness trainers, group exercise leaders or coaches, in sports and fitness programs in a variety of settings. Students are prepared to obtain various fitness certifications from several national organizations. such as personal training and group fitness instruction through the American Council on Exercise (ACE).

Fieldwork and internship experiences are important components of the major, which give students the opportunity to apply theory to practice in an actual work setting under the supervision of a qualified professional.

Students in this major who have met the academic requirements, upon graduation, and complete at least 1 year of full-time experience in the field are eligible to sit for the national certifying examination for the Certified Park and Recreation Professional (CPRP), administered by the National Recreation and Park Association.

The required courses and credits are distributed as follows (45 credits):

#### 21 credits in Recreation Education:

Credits		
<b>REC 200</b>	History and Philosophy of Recreation	3
<b>REC 210</b>	Recreation Leadership	3
<b>REC 302</b>	Administration of Recreation Service	3
<b>REC 330</b>	Inclusive Recreation	<u>3</u>
<b>REC 360</b>	Selected Topics in Recreation	<u>3</u>
<b>REC 387</b>	Research and Evaluation in Recreation Service	3
<b>REC 422</b>	Programming and Planning in Recreation	<u>3</u>

3-6

#### <u>12</u> credits in one of three <u>concentrations</u>:

#### Therapeutic Recreation:

**REC 470** 

Credits		
THR 221	Introduction to Therapeutic Recreation	3
<u>THR</u> 325	Therapeutic Recreation in Long-Term Care	3 3 3
<u>THR</u> 421	Programs in Therapeutic Recreation Service	3
<u>THR</u> 425	Processes and Techniques of Therapeutic Recreation	3
Recreation M	<u>//anagement</u> :	
Credits		
REH 330	Management of Youth Serving Organizations	3
REC 361	Outdoor Recreation and Sustainable Management	3 3 3
REC 405	Facility Management in Recreation Service	3
REC 410	Advanced Finance and Human Resources Management in	
Recre	ation Service	<u>3</u>
Exercise and	I Sport:	
Credits EXS 264 EXS 265 EXS 304	Introduction to Exercise Science Behavioral Aspects of Physical Activity Coaching and Team Sports	3 3
EXS 424	Principles and Practices of Fitness and Wellness Programm	ing 3
<u>6</u> credits <u>s</u> ele	ected from:	
REC, <u>THR,</u> F <u>d</u> epartmenta	REH, EXS, DNC, DFN, HEA, HSA, and/or HSD courses with I approval.	
<u>6</u> credits in F	Recreation Internship:	
Credits		

## 4. Rationale (Explain how this change will impact learning outcomes of the department and Major/Program):

Recreation Education Internship

### a. Replacing "Administration" concentration with "Recreation Management" concentration

The word, "Management" reflects a general work for the whole process of executive control comprising the role of effective planning and guidance of the organization operations. Therefore, "Recreation Management" is suitable for the recreation field, rather than "Administration" which is commonly used in government

operational bodies. There have been two new courses that were passed in previous curriculum changes and added to the major (REC 405 & REC 410), which will be two additional courses required for the concentration. REH 330 will also be an added required course under the concentration that will introduce students into youth services organizations.

#### b. Change in Core Course Requirements and Core Course Credit Hours

Adding REC 330 into the core course requirement fills a gap in educational needs for students in the B.S. in Recreation Education major, focusing on diversity and inclusion in the field of parks, recreation, and leisure. REC 360 (Selected Topics) and REC 422 (Program Planning in Recreation) are courses that would benefit all students in the B.S. in Recreation Education major, therefore they are more appropriate as core courses. THR 221 – Introduction to Therapeutic Recreation has been moved to the "Therapeutic Recreation" concentration. Adding the three courses to the core course requirement and moving THR 221 to the "Therapeutic Recreation" concentration also changes the core course credit hour requirement from 15 to 21. In addition to changes to required departmental elective credit hours and internship credit hours, the total program credit hour requirement is now 45.

#### c. Change in Elective Credit Hour Requirement

The change from requiring 8 departmental elective credits to 6 departmental elective credits will eliminate the issue that students have when they complete two, 3 credit courses and then need to find a 2 credit course.

#### d. Deletion of REC 370 Internship Requirement

Based on the curriculum changes to REC 470, including credit hours, it is necessary to remove REC 370 from the curriculum.

#### e. Change of Credit Hour Requirement for Internship (REC 470)

With the deletion of REC 370 and the change to the credit hour requirement for REC 470, the total internship credit hour requirement is now 6 credit hours. Six credit hours is more appropriate for the total internship requirement of 400 hours, and more appropriate in comparison to the total credit hours in the program. Students are allowed to reenroll REC 470 up to two semesters for a maximum of 6 credit hours if they choose to complete 200 hours at two internship sites.

#### f. Change in Program Description

The change in the description better reflects the program based on the recent curriculum changes and updates some information for governing bodies.

#### g. Change in Concentration Credit Hour Requirement

With the addition of one more course to each concentration, four courses are now a requirement for each option. These change the total concentration credit hour requirement from 9 to 12.

#### **DEPARTMENT OF HEALTH SCIENCES**

#### **CURRICULUM CHANGE**

1. Type of Change: Change in course description, title

	3
Department(s)	Health Sciences
Career	[X] Undergraduate [ ] Graduate
Academic Level	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Subject Area	Exercise Science
Course Prefix & Number	EXS 470
Course Title	Internship in Exercise Science 1
Description	Supervised placement in a commercial fitness setting in order to develop knowledge of professional practice through on-site experience, with emphasis on leadership and programming.
Pre/ Co Requisites	EXS 326 and permission of advisor
Credits	3
Hours	3
Liberal Arts	[ ] Yes [X] No
Course Attribute (e.g. Writing Intensive, WAC, etc)	NA
General Education Component	X_ Not Applicable Required English Composition Mathematics Science Flexible World Cultures US Experience in its Diversity Creative Expression Individual and Society Scientific World

3. **To:** Underline the changes

Department(s)	Health Sciences
Career	[X] Undergraduate [ ] Graduate
Academic Level	[X] Regular [ ] Compensatory [ ] Developmental [ ]
	Remedial
Subject Area	Exercise Science
Course Prefix &	EXS 470
Number	
Course Title	Pre-Internship Seminar in Exercise Science
Description	Pre-Internship Seminar to help students prepare for, find, and
!	secure an internship for EXS 471 (Internship in Exercise
!	Science). Assistance will be provided in preparing a resume,
!	cover letter, professional interviewing, finding, and securing a
	job, and developing professional communication.
Pre/ Co	EXS 326 or departmental permission
Requisites	
Credits	3
Hours	3
Liberal Arts	[ ] Yes [X] No
Course Attribute	NA
(e.g. Writing	
Intensive, WAC,	
etc)	
General Education	X_ Not Applicable
Component	Required
+	English Composition
!	Mathematics
!	Science
!	Flexible
+	World Cultures
!	US Experience in its Diversity
ļ	Creative Expression
ļ	Individual and Society
!	Scientific World
!	55.5

## 4. Rationale (Explain how this change will impact the learning outcomes of the department and Major/Program):

Students were previously taking two internship courses totaling 240 hours. These hours exceed the hours necessary for students to apply to graduate programs (Exercise Science, DPT programs, and OT programs). One semester of an internship for 120 hours in EXS 471 is sufficient to meet the shadowing, and volunteer hours for all potential programs. Moreover, students were having difficulties securing an internship the same semester they registered for it. Therefore with the changes in the content of

EXS 470, students will have significant time and guidance in finding and securing an internship for the following semester.

In addition, improving interviewing skills, professional communication skills, developing a professional resume, and preparing a cover letter are crucial skills the students need to both secure and excel within their professional careers.

#### **DEPARTMENT OF HEALTH SCIENCES**

#### **CURRICULUM CHANGE**

1. **Type of Change**: Change in course title and course description

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Department(s)	Health Sciences
Career	[X] Undergraduate [ ] Graduate
Academic Level	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Subject Area	Exercise Science
Course Prefix & Number	EXS 471
Course Title	Internship in Exercise Science 2
Description	Supervised placement-in a clinical or corporate fitness setting-in order to develop knowledge of professional practice through onsite experience, with emphasis on leadership and programming.
Pre/ Co Requisites	EXS 470 and departmental permission
Credits	3
Hours	3
Liberal Arts	[ ] Yes [X] No
Course Attribute (e.g. Writing Intensive, WAC, etc)	NA
General Education Component	X_ Not Applicable Required English Composition Mathematics Science Flexible World Cultures US Experience in its Diversity Creative Expression Individual and Society Scientific World

3. **To:** <u>Underline</u> the changes

Department(s)	Health Sciences
Career	[X] Undergraduate [ ] Graduate
Academic Level	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Subject Area	Exercise Science
Course Prefix & Number	EXS 471
Course Title	Internship in Exercise Science
Description	Supervised placement of 120 hours in a clinical or corporate fitness setting in order to develop knowledge of professional practice through on-site experience, with emphasis on leadership and programming.
Pre/ Co Requisites	EXS 470 or departmental permission
Credits	3
Hours	3
Liberal Arts	[ ] Yes [X] No
Course Attribute (e.g. Writing Intensive, WAC, etc)	NA
General Education Component	X_ Not Applicable Required English Composition Mathematics Science Flexible World Cultures US Experience in its Diversity Creative Expression Individual and Society Scientific World

### 4. Rationale (Explain how this change will impact the learning outcomes of the department and Major/Program):

Change of course title from Internship in Exercise Science 2 to Internship in Exercise Science and adding the total 120 hours required for this internship. This is to make the change consistent with the change in EXS 470 from Internship in Exercise Science 1 to Pre-Internship Seminar in Exercise Science. One semester of an internship for 120 hours is sufficient to meet the shadowing, and volunteer hours required for all potential graduate program students may apply to, such as Exercise Science, DPT programs, and OT programs.

#### **DEPARTMENT OF HEALTH SCIENCES**

#### **CURRICULUM CHANGE**

1. **Type of Change:** Change of prefix/alpha code

Department(s)	Health Sciences
Career	[X] Undergraduate [] Graduate
Academic	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Level	
Subject Area	Therapeutic Recreation
Course Prefix	REC 221
& Number	
Course Title	Introduction to Therapeutic Recreation Service
Description	Overview of special recreation programs provided in institutions or community settings for the physically, mentally, socially, or emotionally disabled. Examines basic concepts and models of service with field observations.
Pre/ Co	NA
Requisites	
Credits	3
Hours	3
Liberal Arts	[ ]Yes [X] No
Course	NA
Attribute (e.g.	
Writing	
Intensive,	
WAC, etc)	
General	X Not Applicable
Education	Required
Component	English Composition
	Mathematics
	Science
	Flaville
	Flexible
	World Cultures
	US Experience in its Diversity
	Creative Expression
	Individual and Society Scientific World

3. **To:** Underline the changes

3. 10: Underline	<u> </u>
<del></del>	Health Sciences
Career	[X] Undergraduate [ ] Graduate
Academic	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Level	
Subject Area	Therapeutic Recreation
Course Prefix	<u>THR</u> 221
& Number	
Course Title	Introduction to Therapeutic Recreation Service
Description	Overview of special recreation programs provided in institutions or community settings for the physically, mentally, socially, or emotionally disabled. Examines basic concepts and models of service with field observations.
Pre/ Co	NA
Requisites	
Credits	3
Hours	3
Liberal Arts	[ ] Yes [X] No
Course Attribute (e.g. Writing Intensive, WAC, etc)	NA
General Education Component	X_ Not Applicable Required English Composition Mathematics Science Flexible World Cultures US Experience in its Diversity Creative Expression Individual and Society Scientific World

## 4. Rationale (Explain how this change will impact the learning outcomes of the department and Major/Program):

Although Therapeutic Recreation B.S. and Recreation Education B.S. are two separate undergraduate degree programs, therapeutic recreation courses have used the same prefix with Recreation Education courses. Therefore, to clarify the difference between REC courses and TR courses, the new prefix, "THR" is appropriate for replacing "REC" 221 introduction to therapeutic recreation.

#### **DEPARTMENT OF HEALTH SCIENCES**

#### **CURRICULUM CHANGE**

1. **Type of Change:** Change of prefix/alpha code, corequisite

2. From: Strikethrough the changes

Department(s)	Health Sciences
Career	[X] Undergraduate [] Graduate
Academic	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Level	
Subject Area	Therapeutic Recreation
Course Prefix	REC 322
& Number	
Course Title	Assessment in Therapeutic Recreation
Description	Examination of assessment tools, techniques, terminology, and procedures utilized in therapeutic recreation programs.
Pre/ Co	Corequisite: REC 221
Requisites	
Credits	3
Hours	3
Liberal Arts	[ ] Yes [X] No
Course	NA
Attribute (e.g.	
Writing	
Intensive,	
WAC, etc)	
General	X Not Applicable
Education	Required
Component	English Composition
	Mathematics
	Science
	Flexible
	World Cultures
	US Experience in its Diversity
	Creative Expression
	Individual and Society
	Scientific World

3. **To:** Underline the changes

Department(s)	Health Sciences
Career	[X] Undergraduate [ ] Graduate
Academic Level	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Subject Area	Therapeutic Recreation
Course Prefix & Number	<u>THR</u> 322
Course Title	Assessment in Therapeutic Recreation
Description	Examination of assessment tools, techniques, terminology, and procedures utilized in therapeutic recreation programs.
Pre/ Co	Corequisite: THR 221
Requisites	
Credits	3
Hours	3
Liberal Arts	[ ] Yes [X] No
Course Attribute (e.g. Writing Intensive, WAC, etc)	NA
General Education Component	X_ Not Applicable Required English Composition Mathematics Science Flexible World Cultures US Experience in its Diversity Creative Expression Individual and Society Scientific World

### 4. Rationale (Explain how this change will impact the learning outcomes of the department and Major/Program):

Although Therapeutic Recreation B.S. and Recreation Education B.S. are two separate undergraduate degree programs, therapeutic recreation courses have used the same prefix with Recreation Education courses. Therefore, to clarify the difference between REC courses and TR courses, the new prefix, "THR" is appropriate for replacing "REC" 322 Assessment in Therapeutic Recreation

#### **DEPARTMENT OF HEALTH SCIENCES**

#### **CURRICULUM CHANGE**

1. **Type of Change:** Change of prefix/alpha code

Department(s)	Health Sciences
Career	[X] Undergraduate [] Graduate
Academic Level	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Subject Area	Therapeutic Recreation
Course Prefix & Number	REC 324
Course Title	Therapeutic Recreation for Children and Youth
Description	Examination of the role of play in typical and atypical child development. Health and social conditions that benefit from therapeutic recreation (TR) intervention. Treatment and inclusive settings, factors affecting participation, and TR program design and intervention for children and youth.
Pre/ Co Requisites	NA
Credits	3
Hours	3
Liberal Arts	[ ] Yes [X] No
Course Attribute (e.g. Writing Intensive, WAC, etc)	NA
General Education Component	X Not Applicable Required English Composition Mathematics Science Flexible World Cultures US Experience in its Diversity Creative Expression Individual and Society

Scientific World	
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3. To: Underline the changes

	Health Sciences	
Department(s) Career		
Academic		
Level	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial	
Subject Area	Therapeutic Recreation	
Course Prefix	<u>THR</u> 324	
& Number		
Course Title	Therapeutic Recreation for Children and Youth	
Description	Examination of the role of play in typical and atypical child development. Health and social conditions that benefit from therapeutic recreation intervention. Treatment and inclusive settings, factors affecting participation, and TR program design and intervention for children and youth.	
Pre/ Co	NA	
Requisites		
Credits	3	
Hours	3	
Liberal Arts	[ ] Yes [X] No	
Course	NA	
Attribute (e.g.		
Writing		
Intensive,		
WAC, etc)		
General	X_ Not Applicable	
Education	Required	
Component	English Composition	
	Mathematics	
	Science	
	Flexible	
	World Cultures	
	US Experience in its Diversity	
	Creative Expression	
	Individual and Society Scientific World	
	Scientific world	

### 4. Rationale (Explain how this change will impact the learning outcomes of the department and Major/Program):

Although Therapeutic Recreation B.S. and Recreation Education B.S. are two separate undergraduate degree programs, therapeutic recreation courses have used the same prefix with Recreation Education courses. Therefore, to clarify the difference between

REC courses and TR courses, the new prefix, "THR" is appropriate for replacing "REC" 324 Therapeutic Recreation for Children and Youth.

#### **DEPARTMENT OF HEALTH SCIENCES**

#### **CURRICULUM CHANGE**

1. **Type of Change**: Change of prefix/alpha code and prerequisite

Department(s)	Health Sciences
Career	[X] Undergraduate [ ] Graduate
Academic	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Level	
Subject Area	Therapeutic Recreation
Course Prefix	REC 325
& Number	
Course Title	Therapeutic Recreation in Long-Term Care
Description	Principles and practices of therapeutic recreation services in settings serving the elderly, with emphasis on the role of the therapeutic recreation professional in client assessment and design of appropriate interventions to address health care needs.
Pre/ Co	4 <del>5 credits</del>
Requisites	
Credits	3
Hours	3
Liberal Arts	[ ] Yes [X] No
Course Attribute (e.g. Writing Intensive, WAC, etc)	NA
General	X Not Applicable
Education	Required
Component	English Composition
	Mathematics Science
	Science
	Flexible
	World Cultures
	US Experience in its Diversity
	Creative Expression
	Individual and Society
	Scientific World

3. **To:** Underline the changes

3. 10. Underline	
Department(s)	Health Sciences
Career	[X] Undergraduate [ ] Graduate
Academic Level	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Subject Area	Therapeutic Recreation
Course Prefix	THR 325
& Number	<u></u> 525
Course Title	Therapeutic Recreation in Long-Term Care
Description	Principles and practices of therapeutic recreation services in settings serving the elderly, with emphasis on the role of the therapeutic recreation professional in client assessment and design of appropriate interventions to address health care needs.
Pre/ Co Requisites	NA
Credits	3
Hours	3
Liberal Arts	[ ] Yes [X] No
Course Attribute (e.g. Writing Intensive, WAC, etc)	NA
General Education Component	X_ Not Applicable Required English Composition Mathematics Science Flexible World Cultures US Experience in its Diversity Creative Expression Individual and Society Scientific World

### 4. Rationale (Explain how this change will impact the learning outcomes of the department and Major/Program):

 Although Therapeutic Recreation B.S. and Recreation Education B.S. are two separate undergraduate degree programs, therapeutic recreation courses have used the same prefix with Recreation Education courses. Therefore, to clarify the difference between REC courses and TR courses, the new prefix, "THR" is appropriate for replacing "REC" 325 Therapeutic Recreation in Long-term Care • Also, we remove prerequisite, 45 credits, since it is suitable as an exploratory course for the students who are interested in long-term care settings.

#### **DEPARTMENT OF HEALTH SCIENCES**

#### **CURRICULUM CHANGE**

- 1. **Type of Change:** Change of prefix/alpha code and change of prerequisite's prefix
- 2. **From:** Strikethrough the changes

Department(s)	Health Sciences	
Career	[X] Undergraduate [ ] Graduate	
Academic	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial	
Level		
Subject Area	Therapeutic Recreation	
Course Prefix	REC 421	
& Number		
Course Title	Programs in Therapeutic Recreation Service	
Description	Examines program services, leadership methods, and current trends and issues in therapeutic recreation service. Individual and group program planning, including assessment, activity analysis, evaluation, and documentation.	
Pre/ Co	Prerequisite: REC 200, REC 220, and <del>REC</del> 221	
Requisites		
Credits	3	
Hours	3	
Liberal Arts	[ ] Yes [X] No	
Course	NA	
Attribute (e.g.		
Writing		
Intensive,		
WAC, etc)		
General	X Not Applicable	
Education	Required	
Component	English Composition	
	Mathematics Science	
	Science	
	Flexible	
	World Cultures	
	US Experience in its Diversity	
	Creative Expression	
	Individual and Society	
	Scientific World	

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3. To: Underline the changes

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Department(s)		
Career	[X] Undergraduate [ ] Graduate	
Academic Level	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial	
Subject Area	Therapeutic Recreation	
Course Prefix	THR 421	
& Number	1HR 421	
	Drograms in Therapoutic Degraption Convice	
Course Title	Programs in Therapeutic Recreation Service	
Description	Examines program services, leadership methods, and current trends and issues in therapeutic recreation service. Individual and group program planning, including assessment, activity analysis, evaluation, and documentation.	
Pre/ Co	Prerequisite: REC 200, REC 220, and <u>THR</u> 221	
Requisites		
Credits	3	
Hours	3	
Liberal Arts	[ ] Yes [X] No	
Course Attribute (e.g. Writing Intensive, WAC, etc)	NA	
General Education Component	X_ Not Applicable Required English Composition Mathematics Science Flexible	
	World Cultures US Experience in its Diversity Creative Expression Individual and Society Scientific World	

## 4. Rationale (Explain how this change will impact the learning outcomes of the department and Major/Program):

Although Therapeutic Recreation B.S. and Recreation Education B.S. are two separate undergraduate degree programs, therapeutic recreation courses have used the same prefix with Recreation Education courses. Therefore, to clarify the difference between REC courses and TR courses, the new prefix, "THR" is appropriate for replacing "REC" 421 Programs in Therapeutic Recreation Service

#### **DEPARTMENT OF HEALTH SCIENCES**

#### **CURRICULUM CHANGE**

- 1. **Type of Change:** Change of prefix/alpha code and change of prerequisite's prefix
- 2. **From:** Strikethrough the changes

Department(s)	Health Sciences
Career	[X] Undergraduate [ ] Graduate
Academic	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Level	
Subject Area	Therapeutic Recreation
Course Prefix	REC 425
& Number	
Course Title	Processes and Techniques of Therapeutic Recreation
Description	The application of therapeutic recreation principles to the clinical situation, including helping skills, therapeutic group process, intervention techniques and methods, and theoretical foundations of therapeutic recreation.
Pre/ Co	Prerequisite: REC 421, and either REC 324 or REC 325
Requisites	
Credits	3
Hours	3
Liberal Arts	[ ] Yes [X] No
Course	NA
Attribute (e.g.	
Writing	
Intensive,	
WAC, etc)	
General	X Not Applicable
Education	Required
Component	English Composition
	Mathematics
	Science
	Flexible
	World Cultures
	US Experience in its Diversity
	Creative Expression
	Individual and Society
	Scientific World

3. **To:** Underline the changes

3. 10: Underline	<u> </u>
<del> </del>	Health Sciences
Career	[X] Undergraduate [ ] Graduate
Academic	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Level	
Subject Area	Therapeutic Recreation
Course Prefix	<u>THR</u> 425
& Number	
Course Title	Processes and Techniques of Therapeutic Recreation
Description	The application of therapeutic recreation principles to the clinical situation, including helping skills, therapeutic group process, intervention techniques and methods, and theoretical foundations of therapeutic recreation.
Pre/ Co Requisites	Prerequisite: <u>THR</u> 421, and either <u>THR</u> 324 or <u>THR</u> 325
Credits	3
Hours	3
Liberal Arts	[ ] Yes [X] No
Course	NA
Attribute (e.g.	
Writing	
Intensive,	
WAC, etc)	
General	X_ Not Applicable
Education	Required
Component	English Composition
	Mathematics
	Science
	Flexible
	World Cultures
	US Experience in its Diversity
	Creative Expression
	Individual and Society
	Scientific World

## 4. Rationale (Explain how this change will impact the learning outcomes of the department and Major/Program):

Although Therapeutic Recreation B.S. and Recreation Education B.S. are two separate undergraduate degree programs, therapeutic recreation courses have used the same prefix with Recreation Education courses. Therefore, to clarify the difference between REC courses and TR courses, the new prefix, "THR" is appropriate for replacing "REC" 425 Processes and Techniques of Therapeutic Recreation.

#### **DEPARTMENT OF HEALTH SCIENCES**

#### **CURRICULUM CHANGE**

- 1. **Type of Change**: Change of prefix/alpha code and change of prerequisite's prefix
- 2. From: Strikethrough the changes

Department(s)	Health Sciences
Career	[X] Undergraduate [] Graduate
Academic	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Level	
Subject Area	Therapeutic Recreation
Course Prefix	REC 400
& Number	
Course Title	Pre-Internship Seminar
Description	This course prepares students for the REC 471 Therapeutic Recreation Internship. Topics for the seminar include but not limited to the following: Internship site selection, application preparation, interviewing skills, and other professional and ethical issues.  Notes: Students should register for REC 400 in the semester immediately before they plan to begin their internship (REC 471)
Pre/ Co	Corequisite: REC 421
Requisites	
Credits	1
Hours	1
Liberal Arts	[ ] Yes [X] No
Course Attribute (e.g. Writing Intensive, WAC, etc)	NA
General Education Component	X Not Applicable Required English Composition Mathematics Science Flexible World Cultures US Experience in its Diversity

	Creative Expression Individual and Society
	Scientific World
	<u> </u>
3. To: Underline	
Department(s)	Health Sciences
Career	[X] Undergraduate [ ] Graduate
Academic	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Level	
Subject Area	Therapeutic Recreation
Course Prefix	<u>THR</u> 400
& Number	
Course Title	Pre-Internship Seminar
Description	This course prepares students for the <u>THR</u> 471 Therapeutic Recreation Internship. Topics for the seminar include but not limited to the following: Internship site selection, application preparation, interviewing skills, and other professional and ethical issues.
	Notes: Students should register for <u>THR</u> 400 in the semester immediately before they plan to begin their internship ( <u>THR</u> 471)
Pre/ Co	Corequisite: THR 421
Requisites	
Credits	1
Hours	1
Liberal Arts	[ ] Yes [X] No
Course Attribute (e.g. Writing Intensive, WAC, etc)	NA
General Education Component	_X Not Applicable Required English Composition Mathematics Science Flexible World Cultures US Experience in its Diversity Creative Expression
	Individual and Society Scientific World

4. Rationale (Explain how this change will impact the learning outcomes of the department and Major/Program):

Although Therapeutic Recreation B.S. and Recreation Education B.S. are two separate undergraduate degree programs, therapeutic recreation courses have used the same prefix with Recreation Education courses. Therefore, to clarify the difference between REC courses and TR courses, the new prefix, "THR" is appropriate for replacing "REC" 400 Pre-Internship Seminar.

#### **DEPARTMENT OF HEALTH SCIENCES**

#### **CURRICULUM CHANGE**

1. <u>Type of Change</u>: Change of prefix/alpha code, course description and change of prerequisite's prefix

Department(s)	Health Sciences
Career	[X] Undergraduate [ ] Graduate
Academic Level	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Subject Area	Therapeutic Recreation
Course Prefix & Number	REC-471
Course Title	Therapeutic Recreation Internship
Description	Supervised placement in a therapeutic recreation setting under the supervision of a Certified Therapeutic Recreation Specialist in which the student will receive advanced training in therapeutic recreation. (Therapeutic Recreation students are required to complete a 560-hour internship under the supervision of a CTRS at an approved agency. Students must be registered for at least 1 credit hour of REC 471 each semester they are completing internship hours)  Notes:  1) Students who work as a full-time intern working 40 hours a week have to register 9 credits  2) Students who work as a part-time intern working less than 40 hours a week can reenroll REC 471 up to three semesters for a maximum of 9 credit hours.  3) Students are strongly recommended to complete supportive courses, HIN 268, BIO 181, PSY 166, and
	PSY 234 before enrolling REC 471.
Pre/ Co	Prerequisite: <del>REC</del> 400
Requisites	
Credits	1-9
Hours	560 internship hours
Liberal Arts	[ ] Yes [X] No
Course Attribute (e.g. Writing	NA

Intensive, WAC, etc)	
General Education Component	X Not Applicable Required English Composition Mathematics Science Flexible World Cultures US Experience in its Diversity Creative Expression Individual and Society Scientific World

#### 3. **To:** <u>Underline</u> the changes

Department(s)	Health Sciences
Career	[X] Undergraduate [ ] Graduate
Academic Level	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Subject Area	Therapeutic Recreation
Course Prefix & Number	<u>THR</u> 471
Course Title	Therapeutic Recreation Internship
Description	Supervised placement in a therapeutic recreation setting under the supervision of a Certified Therapeutic Recreation Specialist in which the student will receive advanced training in therapeutic recreation. (Therapeutic Recreation students are required to complete a 560-hour internship under the supervision of a CTRS at an approved agency. Students must be registered for at least 1 credit hour of THR 471 each semester they are completing internship hours)  Notes:  1) Students who work as a full-time intern working 40 hours a week have to register 9 credits  2) Students who work as a part-time intern working less than 40 hours a week can reenroll THR 471 up to three semesters for a maximum of 9 credit hours.  3) Students are strongly recommended to complete supportive courses, HIN 268, BIO 181, PSY 166, and PSY 234 before enrolling THR 471.
Pre/ Co	Prerequisite: THR 400
Requisites	· —

Credits	1-9
Hours	560 internship hours
Liberal Arts	[ ] Yes [X] No
Course Attribute (e.g. Writing Intensive, WAC, etc)	NA
General Education Component	X_Not ApplicableRequiredEnglish CompositionMathematicsScienceFlexibleWorld CulturesUS Experience in its DiversityCreative ExpressionIndividual and SocietyScientific World

### 4. Rationale (Explain how this change will impact the learning outcomes of the department and Major/Program):

Although Therapeutic Recreation B.S. and Recreation Education B.S. are two separate undergraduate degree programs, therapeutic recreation courses have used the same prefix with Recreation Education courses. Therefore, to clarify the difference between REC courses and TR courses, the new prefix, "THR" is appropriate for replacing "REC" 471 Therapeutic Recreation Internship.

#### **DEPARTMENT OF HEALTH SCIENCES**

#### **CURRICULUM CHANGE**

1. **Type of Change**: Change of Course Title and Course Description

Department(s)	Health Sciences
Career	[X] Undergraduate [ ] Graduate
Academic	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Level	
Subject Area	Recreation Education
Course Prefix	REC 361
& Number	
Course Title	Camp Leadership and Outdoor Recreation
Description	Foundations of outdoor recreation in urban and wilderness settings, environmental issues as they affect recreation program planning; outdoor recreation activities, management, and leadership.
Pre/ Co	NA
Requisites	
Credits	3
Hours	3
Liberal Arts	[ ] Yes [X] No
Course	NA
Attribute (e.g.	
Writing	
Intensive,	
WAC, etc) General	V Net Appliable
Education	_X_ Not Applicable Required
Component	English Composition
Component	Mathematics
	Science
	Flexible
	World Cultures
	US Experience in its Diversity
	Creative Expression
	Individual and Society
	Scientific World

3. **To:** Underline the changes

Department(s)	Health Sciences
Career	[X] Undergraduate [ ] Graduate
Academic	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Level	
Subject Area	Recreation Education
Course Prefix	REC 361
& Number	
Course Title	Outdoor Recreation and Sustainable Management
Description	Foundations of outdoor recreation in urban and wilderness settings, environmental issues as they affect recreation program planning; outdoor recreation activities, management, sustainability, and leadership.
Pre/ Co	NA
Requisites	
Credits	3
Hours	3
Liberal Arts	[ ] Yes [X] No
Course Attribute (e.g. Writing Intensive, WAC, etc)	NA
General	_X_ Not Applicable
Education	Required
Component	English Composition
	Mathematics Science
	Science
	Flexible World Cultures US Experience in its Diversity Creative Expression Individual and Society Scientific World

## 4. Rationale (Explain how this change will impact the learning outcomes of the department and Major/Program):

The course covers a comprehensive foundation of outdoor activities, planning, and sustainable management. Therefore, change in name and description to better focus the content to fit under the recreation management concentration.

#### **DEPARTMENT OF HEALTH SCIENCES**

#### **CURRICULUM CHANGE**

1. **Type of Change**: Change of Course Title and Course Description

Department(s)	Health Sciences
Career	[X] Undergraduate [ ] Graduate
Academic	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Level	
Subject Area	Recreation Education
Course Prefix	REC 405
& Number	
Course Title	Facility Management in Recreational Sports Services
Description	An exploration of the comprehensive management process as it relates to planning and operation of recreational sport facilities.
	Traditional management theory, facility organization and
	management, facility operation, and standards compliance.
Pre/ Co	REC 200, REC 210, and REC 302
Requisites	
Credits	3
Hours	3
Liberal Arts	[ ] Yes [X] No
Course	NA NA
Attribute (e.g.	
Writing	
Intensive,	
WAC, etc)	
General	_X_ Not Applicable
Education	Required
Component	English Composition
	Mathematics
	Science
	Flexible
	World Cultures
	US Experience in its Diversity
	Creative Expression
	Individual and Society
	Scientific World

3. <b>To:</b> Underline	the changes
Department(s)	Health Sciences
Career	[X] Undergraduate [ ] Graduate
Academic Level	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Subject Area	Recreation Education
Course Prefix & Number	REC 405
Course Title	Facility Management in Recreation Service
Description	An exploration of the comprehensive management process as it relates to planning and operation of <u>recreation</u> facilities. Traditional management theory, facility organization and management, facility operation, and standards compliance.
Pre/ Co	REC 200, REC 210, and REC 302
Requisites	
Credits	3
Hours	3
Liberal Arts	[ ] Yes [X] No
Course Attribute (e.g. Writing Intensive, WAC, etc)	NA
General Education Component	_X_ Not Applicable Required English Composition Mathematics
	Science  Flexible World Cultures US Experience in its Diversity Creative Expression Individual and Society Scientific World

## 4. Rationale (Explain how this change will impact the learning outcomes of the department and Major/Program):

In order to expand the scope of applications of the comprehensive management process, it would be beneficial to focus on general recreation facilities, rather than recreational sport facilities. Therefore, change in name and description to better focus the content to fit under the recreation management concentration.

#### **DEPARTMENT OF HEALTH SCIENCES**

#### **CURRICULUM CHANGE**

1. **Type of Change:** Change of Course Title, Course Description, and Prerequisite.

Department(s)	Health Sciences
Career	[X] Undergraduate [ ] Graduate
Academic	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Level	
Subject Area	Recreation Education
Course Prefix	REC 410
& Number	
Course Title	Advanced Financial and Human Resource Management in
	Recreation <del>al Sports</del> Services
Description	Principles and practices of budgeting, pricing, fiscal and human
	resource management within a variety of recreational sports settings,
	agencies and/or organizations.
Pre/ Co	REC 200, <del>REC 221</del> , and REC 302
Requisites	
Credits	3
Hours	3
Liberal Arts	[ ] Yes [X] No
Course	NA
Attribute (e.g.	
Writing	
Intensive,	
WAC, etc)	
General	_X_ Not Applicable
Education	Required
Component	English Composition
	Mathematics
	Science
	Flexible
	World Cultures
	US Experience in its Diversity
	Creative Expression
	Individual and Society
	Scientific World

3. <b>To:</b> Underline	the changes
Department(s)	Health Sciences
Career	[X] Undergraduate [ ] Graduate
Academic Level	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Subject Area	Recreation Education
Course Prefix & Number	REC 410
Course Title	Advanced Financial and Human Resource Management in Recreation Service
Description	Principles and practices of budgeting, pricing, fiscal and human resource management within a variety of <u>recreation</u> settings, agencies and/or organizations.
Pre/ Co	REC 200 and REC 302
Requisites	
Credits	3
Hours	3
Liberal Arts	[ ] Yes [X] No
Course Attribute (e.g. Writing Intensive, WAC, etc)	NA
General Education Component	X_ Not Applicable Required English Composition Mathematics Science Flexible World Cultures US Experience in its Diversity Creative Expression Individual and Society Scientific World

### 4. Rationale (Explain how this change will impact the learning outcomes of the department and Major/Program):

In order to expand the scope of applications of the comprehensive management process, it would be beneficial to focus on general recreation facilities, rather than recreational sport facilities. Therefore, change in name and description to better focus the content to fit under the recreation management concentration. REC 221 was

removed as a pre-requisite course because it was moved from the core course requirements for the major.

#### **DEPARTMENT OF HEALTH SCIENCES**

#### **CURRICULUM CHANGE**

1. **Type of Change:** Change in pre-requisites, course description, title, and credits, hours

Department(s)	Health Sciences
Career	[X] Undergraduate [ ] Graduate
Academic Level	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Subject Area	Recreation Education
Course Prefix & Number	REC 470
Course Title	Senior Internship in Recreation
Description	Supervised placement in a recreation setting in which the student will receive advanced training in therapeutic recreation or in administration of recreation programs.
Pre/ Co Requisites	REC 370 as a pre-requisite or co-requisite and 18 additional credits in recreation.
Credits	4
Hours	13 1/3 field hours
Liberal Arts	[ ] Yes [X] No
Course Attribute (e.g. Writing Intensive, WAC, etc)	NA
General Education Component	X_ Not Applicable Required English Composition Mathematics Science Flexible World Cultures US Experience in its Diversity Creative Expression Individual and Society Scientific World

3. **To:** <u>Underline</u> the changes

5. 10. Onderline the	<u>~</u>
Department(s)	Health Sciences
Career	[X] Undergraduate [ ] Graduate
Academic Level	[X] Regular [ ] Compensatory [ ] Developmental [ ] Remedial
Subject Area	Recreation Education
Course Prefix &	REC 470
Number	
Course Title	Recreation Education Internship
Description	Supervised placement in a recreation setting under supervision
'	of both academic internship advisor and internship site
	supervisor.
	Notes: Recreation Education students are required to complete a 400-hour internship. They may choose to complete 200 hours at
	two different internship sites over two semesters. Students must
	be registered for at least 3 credit hours of REC 470 each
	semester they are completing internship hours.
	<ol> <li>Students who choose to complete 400 hours in one semester should enroll in REC 470 for 6 credit hours.</li> <li>Students who choose to complete 200 hours at two internship sites over two semesters should enroll in REC</li> </ol>
	470 for 3 credit hours each semester.
Pre/ Co	12 credits from Recreation Education core courses and 6 credits
Requisites	from the chosen concentration.
Credits	3-6
Hours	3-6
Liberal Arts	<u>3-0</u> 
Course Attribute	
(e.g. Writing Intensive, WAC, etc)	INA
General Education	X_ Not Applicable
Component	Required
	English Composition
	Mathematics
	Science
	Flexible World Cultures US Experience in its Diversity Creative Expression Individual and Society
	Scientific World

### 4. Rationale (Explain how this change will impact the learning outcomes of the department and Major/Program):

Recreation Education requires a minimum 200 hours in one internship site over two semesters or 400 hours in one internship site over one semester. As a result, those students who want to complete their 200 hours in each of the two semesters would enroll in REC 370 for the first semester then REC 470 in the next semester; and students who want to complete their 400 hours in one semester would enroll in REC 370 and REC 470 in that semester. This leads to confusion since the courses are not different in terms of students' learning outcomes. Therefore, we would like to remove REC 370 in the Recreation Education curriculum and allow those students who would like to complete 200 hours in one semester and 200 hours in the next semester to reenroll in REC 470 up to two semesters for a maximum of 6 credits.

We would also like to reduce the amount of total credit hours a student earns in the total internship from 8 to 6 because it would be more appropriate in terms of total internship hours and total credit hours required for the curriculum.