

## Division of Student Affairs

- The APEX/Athletics
- Career Services Center
- Child Care Center
- Counseling Center
- International Student Services
- Office of Campus Life
- Office of Community Engagement and New Student Programs
- Office of Financial Aid
- Office of the Vice President for Student Affairs
- Peer Educator Program
- Student Disability Services
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- Urban Male Leadership Program
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# Preparing Students for Job Interviews

Searching for a job is a time-consuming and challenging activity, particularly in this tough economy. To assist Lehman students with job interviews, a particularly dreaded part of the process, the Career Services Center (CSC) has reintroduced its Mock Interview Clinic Program. But this time, Lehman's own cadre of faculty and staff professionals are pitching in to help.

In keeping with the College's strategic plan to enhance students' success as a campus community, so far 25 Lehman professionals have volunteered to participate. Students are paired with professionals whose background and experience are relevant to the student's career direction.

The process consists of four steps:

- 1** A scheduled one-on-one formal interview with a Lehman professional.
- 2** An evaluation and assessment of the student's resume, appearance, poise, skill presentation, delivery, and language.
- 3** The interviewers' constructive feedback based on the evaluation and assessment.
- 4** A debriefing session with student and career counselor.

Lehman professionals in the program have expressed their satisfaction. "I remember when I first graduated from college and the difficulties I had just trying to find a job, let alone find a job in my major," said Arthur McHugh, Associate Director of Human Resources at Lehman. "I hope the experiences I've had hiring people can help the students who go through interviews with me."



Institutional Advancement Assistant VP Frederick Gilbert, above, and HR Associate Director Arthur McHugh help students sharpen their interview skills.



Frederick Gilbert, Assistant Vice President for Institutional Advancement and Executive Director of the Lehman College Foundation, emphasized the importance of helping students polish their interview skills.

"Students learn how to answer common interview questions in a timely matter," he said. "They learn to nail down their story and state their strengths. Being prepared really boosts their confidence."

Although it requires prerequisites and a commitment to do advance preparation, students have given the program an enthusiastic response, rating it 5 (the best) on a scale of 1-5.

If you are interested in participating in the Mock Interview Clinic, please contact Career Services at (718) 960-8366 or visit Room 254 in Shuster Hall.

# Financial Aid Workshops Ease Pressure on Students

Many students find the Financial Aid application process a bit confusing and extremely stressful. With this in mind, the Financial Aid Office is conducting a series of workshops—ongoing through April—designed to shine some light on the process and lend a helping hand.

Financial Aid workshops focus on an assortment of topics concerning the application process such as:

- ▶ Why to file financial aid applications,
- ▶ Which applications to file,
- ▶ Pre-application preparation,
- ▶ Changes to the application process,
- ▶ What to expect during the completion of the application,

- ▶ Avoiding the most common mistakes,
- ▶ Understanding the terminology,
- ▶ How to address specific application questions,
- ▶ Verification documentation deadlines,
- ▶ How to avoid long lines in front of the Financial Aid Office.

Other workshops have addressed the following topics:

- ▶ The TAP Application process,
- ▶ Applying for Direct, Perkins and Alternative Loans,
- ▶ Participation in the Federal Work-Study program,

- ▶ The critical relationship between attendance, grades and financial aid,
- ▶ Loan borrower responsibilities and loan repayment options,
- ▶ Financial aid for grad students,
- ▶ How to get information without going to the Financial Aid Office,
- ▶ How to search for scholarships,
- ▶ What to do in a crisis.

The workshops run through April. To view dates, times, and locations go to the Lehman Web site: [www.lehman.cuny.edu/financial-aid](http://www.lehman.cuny.edu/financial-aid).

The Financial Aid Office is now on Twitter and Facebook. Follow the office on Twitter at @LCFinAid and “Like” us on our Facebook page at [www.fb.com/LCFinAid](http://www.fb.com/LCFinAid).



*UMLP Director Michael Deas with an enthusiastic audience of students at the Black History Month event.*



## 400 Students Attend Black History Month Tribute to Dr. King

The Urban Male Leadership Program and the African and African American Studies Department, co-sponsored a Black History Month Tribute to Dr. Martin Luther King, Jr. on Feb. 15. Over 400 students from Lehman and local high schools filled Lovinger Theater for the celebratory event, which was entitled “Believing in the Dream.”

The program opened with remarks from Lehman President Dr. Ricardo R. Fernández and greetings from African and African American Studies Chair Dr. Mark Christian.

The Rev. Alfonso Wyatt of the Jericho Faith-based Technical Assistance Project gave an inspiring keynote address. Adjunct Professor Edward R. Culvert was recognized for 40 years of dedication to students at Lehman and John Jay Colleges. A community advocate, Professor Culvert is founder and editor of *Culvert Chronicles*, a socially conscious newspaper.

*The Rev. Alfonso Wyatt, keynote speaker, and award recipient Professor Edward R. Culvert, at left, with Lehman administrators, faculty and Urban Male Leadership Program staff.*

# Lehman to Become Tobacco-free Campus in July

All of the CUNY colleges will be tobacco-free by September 2012, and Lehman will be among the first to initiate this important health and wellness effort. The 37-acre Bronx campus will become officially tobacco-free on July 2.

A college committee led by co-chairs Dean John Holloway and Professor Cynthia Hosay has been working for several months to plan and implement the tobacco-free launch.

Last month, Ty Patterson, Director of the National Center for Tobacco Policy met with the committee and advised students and department heads on the tobacco-free initiative. The Center helps institutions such as CUNY with tobacco policy projects through teleconferences, webinars, on campus consultation and an annual workshop.

A kick-off event, called "Tobacco's Wacko," was held in the student cafeteria on February 28. Peer health educators provided information and ran a raffle.



Student Rolando Martinez, a smoking-cessation advocate, speaks at a Feb. 28 event.

look forward to coming to class where both the air and the grounds will be cleaner."

Future events are being planned in preparation for the July start date. For more information, contact Lehman Student Health Center Director Cindy Kreisberg at [cindy.kreisberg@lehman.cuny.edu](mailto:cindy.kreisberg@lehman.cuny.edu).



Peer Health Educators on hand with need-to-know information at the "Tobacco's Wacko" event.

## A BREATH OF FRESH AIR



## LEHMAN COLLEGE TOBACCO FREE JULY 2012

### Did you know that...

- ▶ Cigarette use has had a dramatic decline since the release of the first U.S. Surgeon General's Report on Smoking and Health in 1964.
- ▶ Cigarette smoking among adults age 18 and older went down 50% between 1965 and 2009—from 42% to 21%—but nearly 47 million Americans still smoke.
- ▶ In 1997, nearly half (48%) of male high school students and more than one-third (36%) of female students reported using some form of tobacco—cigarettes, cigars, or smokeless tobacco products—in the past month. The percentages went down to 30% for male students and 22% for female students in 2009.
- ▶ Between 2000 and 2004, smoking caused more than \$193 billion in annual health-related costs in the United States, including smoking-attributable medical costs and productivity losses.
- ▶ Smokeless tobacco products are less lethal but are not a safe alternative to smoking.

Source: Cancer Facts & Figures 2012

## Lehman Athletics Launches Women's Soccer Team

Lehman is already one of the top CUNY colleges for women student-athletes, and the opportunities to participate in NCAA Division III sports continue to grow. The Athletics Department is now recruiting players for a new women's soccer team. Its first season will begin in August with a full schedule of 14 home and away contests.

"We're excited to provide this new college team experience," said Dr. Martin L. Zwiren, Director of Athletics. "We are committed to developing the young women who want to be on the team—both as student-athletes and as members of the college community."

Joining the Athletics Department as Head Coach for women's soccer is Amanda Popoli, who was captain of a championship team at Division II Adelphi University before training professionally in Italy and the U.S. Popoli has also coached girls' and women's soccer teams in the New York metropolitan area.

"Amanda brings a great deal of energy and knowledge of the game of soccer," said Dr. Zwiren. "We're very confident in her ability to mentor the Lightning's inaugural program."

Lehman student-athletes competes in 18 varsity team sports, nine of which are women's. Students interested in trying out for the soccer team should contact Coach Popoli at [amanda.popoli@lehman.cuny.edu](mailto:amanda.popoli@lehman.cuny.edu) or at (718) 960-1142.



Amanda Popoli, Lehman's new Head Coach of women's soccer.

## Another Win for Women's Track & Field



The Lehman women's track and field team, above, celebrates its first-place victory at the CUNYAC-U.S. Army Indoor Championships on March 3. Sophomore Tobi Alli, whose 7.8-second 60-meter dash set a new meet record, was the women's Most Valuable Player at the event. Alli and her teammates Jasmine Springer and Shantay Beccan took home a total of 10 medals in sprint and jump events. Lesleigh Hogg is Head Coach of the team, Pete Charles is women's assistant coach, and Dr. Martin L. Zwiren is Director of Athletics. A highlight of the season was the team's No. 12 national ranking by the U.S. Track & Field and Cross Country Coaches Association. And at the March 9-19 NCAA Division III Nationals, Lehman's Alli earned All-American honors. She was the first CUNY athlete in any sport to be named All-American this season. (Photograph by Tony Correa)

## 'The Disability Experience' Panel April 5 During Disability Awareness Month

In celebration of Disability Awareness Month in April, Lehman's Office of Student Disability Services will host a panel of students and alumni who will share their personal stories about living with a disability.

All students, faculty and staff are invited to attend this event, entitled "The Disability Experience," to promote awareness and education.

It will be held on Wednesday, April 4, in the Concert Hall Lobby from 3:30 to 5 pm. Faculty members are welcome to bring their classes.

Student and alumni panelists will be: Edmund Asiedu, Sharon Lowe, Latavia Sturdivant, Jehu Brown, Margaret Baker and Laquon Johnson.

For questions and to R.S.V.P, please contact Lauren McCarthy at (718)960-1980—Shuster Hall Room 238 or email [lauren.mccarthy@lehman.cuny.edu](mailto:lauren.mccarthy@lehman.cuny.edu). Light refreshments will be served.

