# LEHMAN COLLEGE OF THE CITY UNIVERSITY OF NEW YORK

#### DEPARTMENT OF HEALTH SCIENCES

#### **CURRICULUM CHANGE**

Name of Program and Degree Award: Health Education and Promotion, M.A.

Hegis Number: 0837 Program Code: 02186 Effective Term: Fall 2020

1. <u>Type of Change</u>: Degree requirements (adding/changing electives)

#### 2. **From**:

#### Health Education and Promotion M.A. Program

The M.A in Health Education and Promotion is a 33-credit graduate degree that provides advanced academic training for individuals employed or planning to seek employment as health educators in academic, clinical, community, and corporate settings. This program prepares students to meet the expanding need for health education professionals capable of working with the community in a variety of public, private, and professional settings. Graduates of the program may also find career opportunities as health advocates, program planners and evaluators, case managers, policy analysts and health administrators. This degree may also be suitable for individuals such as nurses, social workers, physician assistants or allied health personnel who wish to enhance their qualifications. Upon completion of the degree, students are eligible to sit for the CHES (Certified Health Education Specialist) or MCHES exam (Master Certified Health Education Specialist), a national credential awarded by the National Commission for Health Education Credentialing. Students also may complete the degree program entirely online by taking online courses only. The online-only option is not available to students studying on an F1 Visa.

# **Admission Requirements**

To be considered for admission to the M.A. in Health Education and Promotion, an applicant must:

- 1. Possess a bachelor's degree from an accredited university.
- 2. Have completed an approved program of study with a minimum average of approximately B (3.0) in the major and B- (2.7) overall.
- 3. Submit three letters of recommendation (including one from a professor from your undergraduate degree program).
- 4. Submit a personal goal statement.

#### **Degree Requirements**

The curriculum consists of 33 graduate credits and a comprehensive examination. Course and credit requirements are as follows:

# In required HEA courses (21):

|         |  | Credits |
|---------|--|---------|
| HEA 602 | Research Methods in Health Education                                       | 3       |
| HEA 603 | History and Philosophy of Health Education and Promotion                   | 3       |
| HEA 620 | Health Counseling  | 3       |
| HEA 622 | Organization and Administration of Health Education and Promotion Programs | 3       |
| HEA 623 | Program Planning and Evaluation in Health Education                        | 3       |
| HEA 670 | Field Experience in Health Education                                       | 3       |
| HEA 675 | Teaching Strategies for Community Health                                   | 3       |

HEA 670: Subject to departmental permission, students currently employed in the field of health education may take an HEA elective in lieu of HEA 670.

### In HEA electives (12)

Students may select from the following elective courses:

|  | Credits |
|--|---------|
| HEA 502 Women and Health                                   | 3       |
| HEA 507 Human Sexuality                                    | 3       |
| HEA 509 Drugs and Substance Abuse                          | 3       |
| HEA 510 Health and Aging                                   | 3       |
| HEA 511 Perspectives on HIV/AIDS                           | 3       |
| HEA 636 Perspectives on Death and Dying                    | 3       |
| HEA 640 Nutrition and Chronic Diseases                     | 3       |
| HEA 680 Special Topics in Health                           | 3       |
| HEA 627 Health Problems and Issues in Contemporary Society | 3       |

#### 3. **To**:

## **Health Education and Promotion M.A. Program**

The M.A in Health Education and Promotion is a 33-credit graduate degree that provides advanced academic training for individuals employed or planning to seek employment as health educators in academic, clinical, community, and corporate settings. This program prepares students to meet the expanding need for health education professionals capable of working with the community in a variety of public, private, and professional settings. Graduates of the program may also find career opportunities as health advocates, program planners and evaluators, case managers, policy analysts and health administrators. This degree may also be suitable for

individuals such as nurses, social workers, physician assistants or allied health personnel who wish to enhance their qualifications. Upon completion of the degree, students are eligible to sit for the CHES (Certified Health Education Specialist) or MCHES exam (Master Certified Health Education Specialist), a national credential awarded by the National Commission for Health Education Credentialing. Students also may complete the degree program entirely online by taking online courses only. The online-only option is not available to students studying on an F1 Visa.

#### **Admission Requirements**

To be considered for admission to the M.A. in Health Education and Promotion, an applicant must:

- 1. Possess a bachelor's degree from an accredited university.
- 2. Have completed an approved program of study with a minimum average of approximately B (3.0) in the major and B- (2.7) overall.
- 3. Submit three letters of recommendation (including one from a professor from your undergraduate degree program).
- 4. Submit a personal goal statement.

#### **Degree Requirements**

The curriculum consists of 33 graduate credits and a comprehensive examination. Course and credit requirements are as follows:

# In required HEA courses (21):

|         |  | Credits |
|---------|--|---------|
| HEA 602 | Research Methods in Health Education                                       | 3       |
| HEA 603 | History and Philosophy of Health Education and Promotion                   | 3       |
| HEA 620 | Health Counseling  | 3       |
| HEA 622 | Organization and Administration of Health Education and Promotion Programs | 3       |
| HEA 623 | Program Planning and Evaluation in Health Education                        | 3       |
| HEA 670 | Field Experience in Health Education                                       | 3       |
| HEA 675 | Teaching Strategies for Community Health                                   | 3       |

HEA 670: Subject to departmental permission, students currently employed in the field of health education may take an HEA elective in lieu of HEA 670.

#### In HEA electives (12)

Students may select from the following elective courses:

|                          | Credits |
|--------------------------|---------|
| HEA 502 Women and Health | 3       |
| HEA 507 Human Sexuality  | 3       |

| HEA 509 Drugs and Substance Abuse                          | 3 |
|--|---|
| HEA 510 Health and Aging                                   | 3 |
| HEA 511 Perspectives on HIV/AIDS                           | 3 |
| HEA 636 Perspectives on Death and Dying                    | 3 |
| HEA 640 Nutrition and Chronic Diseases                     | 3 |
| HEA 680 Special Topics in Health                           | 3 |
| HEA 627 Health Problems and Issues in Contemporary Society | 3 |
| HEA 630 Community Organization and Health Education        | 3 |

#### 4. Rationale:

This curriculum change adds HEA 630 (pre-existing in the graduate bulletin as an approved elective) to the approved list of electives for students pursuing an M.A in Health Education and Promotion. With the increasing focus on community level interventions within the health education profession, a course in health education and communication organization will enhance our students' preparedness as future health educators.

5. Date of departmental approval: February 5, 2020

# LEHMAN COLLEGE OF THE CITY UNIVERSITY OF NEW YORK

#### DEPARTMENT OF HEALTH SCIENCES

#### **CURRICULUM CHANGE**

Name of Program and Degree Award: Health Education Advanced Certificate Program

Hegis Number: 0837 Program Code: 39592 Effective Term: Spring 2021

1. **Type of Change**: Degree requirements (adding/changing electives)

#### 2. **From:**

#### **Health Education Advanced Certificate Program**

This program will be offered to students who already possess a Master's degree and a New York State (NYS) initial or professional certification in any subject area. The Advanced Certificate will enable them to become certified to teach Health Education P-12 in NYS in addition to their base certificate. This program requires 12 credits in Health Education core content and 6 credits in fieldwork through the Student Teaching Internship course.

#### **Admission Requirements**

- Possess a master's degree in a related field.
- Demonstrate the ability to successfully pursue graduate study by having a master's Grade Point Average of 3.0 or better.
- Submit two (2) letters of recommendation and a 500-word essay on career goals.
- Submit NYS initial or professional certification in any subject area.
- Meet additional Departmental, divisional, and New York State requirements, if any.

#### Program of Study (Total 18 credits):

| Content Courses (6 credits):  |                                  | Credits |
|-------------------------------|----------------------------------|---------|
| HEA 671                       | Teaching Strategies for Health;  | 3       |
|                               | Psychosocial Wellness            |         |
| HEA 507                       | Human Sexuality                  | 3       |
|                               |                                  |         |
| Student Teaching Internship ( | (3 Credits):                     |         |
| ESC 595                       | Internship in Classroom Teaching | 1-3     |

| ESC 611                             | Teaching Internship Seminar in Secondary Education                            | 1       |
|-------------------------------------|---|---------|
| ESC 708                             | Project Seminar in Curriculum, Materials, and Assessment in Specialized Areas | 3       |
| Elective Courses (6 credits):       |   | Credits |
| HEA 502                             | Women and Health  | 3       |
| HEA 509                             | Drugs and Substance Abuse   | 3       |
| HEA 510                             | Health and Aging  | 3       |
| HEA 627                             | Health Problems and Issues in   | 3       |
|                                     | Contemporary Society  |         |
| HEA 636                             | Perspectives on Death and Dying   | 3       |
| HEA 640/ <del>DFN 640/HEA 640</del> | Nutrition and Chronic Diseases  | 3       |
| HEA 685                             | Independent Study in Health Education and Promotion                           | 3       |
| HEA 680                             | Special Topics in Health Education  | 3       |

#### 3. <u>To:</u>

#### **Health Education Advanced Certificate Program**

This program will be offered to students who already possess a Master's degree and a New York State (NYS) initial or professional certification in any subject area. The Advanced Certificate will enable them to become certified to teach Health Education P-12 in NYS in addition to their base certificate. This program requires 12 credits in Health Education core content and 6 credits in fieldwork through the Student Teaching Internship course.

#### **Admission Requirements**

- Possess a master's degree in a related field.
- Demonstrate the ability to successfully pursue graduate study by having a master's Grade Point Average of 3.0 or better.
- Submit two (2) letters of recommendation and a 500-word essay on career goals.
- Submit NYS initial or professional certification in any subject area.
- Meet additional Departmental, divisional, and New York State requirements, if any.

# Program of Study (Total 18 credits):

| Content Courses (6 credits): |                                 | Credits |
|------------------------------|---------------------------------|---------|
| HEA 671                      | Teaching Strategies for Health; | 3       |
|                              | Psychosocial Wellness           |         |
| HEA 507                      | Human Sexuality                 | 3       |

| Student Teaching Internship (3 | Credits):                          |         |
|--------------------------------|------------------------------------|---------|
| ESC 595                        | Internship in Classroom Teaching   | 1-3     |
| ESC 611                        | Teaching Internship Seminar in     | 1       |
|                                | Secondary Education                |         |
| ESC 708                        | Project Seminar in Curriculum,     | 3       |
|                                | Materials, and Assessment in       |         |
|                                | Specialized Areas                  |         |
| Elective Courses (6 credits):  |                                    | Credits |
| ,                              |                                    |         |
| HEA 502                        | Women and Health                   | 3       |
| HEA 509                        | Drugs and Substance Abuse          | 3       |
| HEA 510                        | Health and Aging                   | 3       |
| HEA 511 Perspectives on        |                                    |         |
| HIV/AIDS 3                     |                                    |         |
| HEA 627                        |                                    |         |
|                                |                                    |         |
| HEA 636                        | Health Problems and Issues in      | 3       |
|                                | Contemporary Society               |         |
| HEA 640                        | Perspectives on Death and Dying    | 3       |
| HEA 680                        | Nutrition and Chronic Diseases     | 3       |
|                                | Special Topics in Health Education | 3       |

#### 4. Rationale:

HEA 511 is being added to align with the electives being offered in the MSEd program. Also, this course is already on the approved list of electives for the New York State teaching certification and is a required elective by NYC DOE Health Education Works Advanced Certificate (HEWC). NYSED has approved HEA 640 as an elective. Having DFN 640 listed along HEA 640 is redundant and confusing. Furthermore, DFN 640 has not been approved by NYSED as an elective for the Health Education Professional Certification, and we do not want to run into issues with NYS certifying our students for a course NYSED does not recognize. HEA 685 Independent Study in Health Education and Promotion is listed in the course list for Health Education Pre-k-12 sequences. This should be removed from the course list, since this is not in the Health Education and Promotion program. The programs were listed together in the past, but this is no longer the case. This can be confusing for Health Education Pre-k-12 students who ask to take an Independent Study in Health Education and Promotion, which is a different program.

#### 5. Date of departmental approval: March 4, 2020

# LEHMAN COLLEGE OF THE CITY UNIVERSITY OF NEW YORK

#### DEPARTMENT OF HEALTH SCIENCES

#### **CURRICULUM CHANGE**

Name of Program and Degree Award: Health Pre K-12 Teacher, M.S.Ed. Program

Hegis Number: 0837 Program Code: 25951

Effective Term: Spring 2021

1. **Type of Change**: Graduate bulletin changes (adding elective course names)

#### 2. **From:**

### Health Pre K-12 Teacher, M.S.Ed. Program

This program is designed for students seeking a master's degree in Teaching Health Education. Graduates of this program are recommended for New York State Initial or Professional Certification in Health Education (Pre K-12). Students are supervised in their fieldwork and student teaching by faculty members of the Health Education program in the Department of Health Sciences. Advisement is provided by the Graduate Program Director and faculty members of the Health Education Program in the Department of Health Sciences and/or the Department of Middle and High School Education.

To be eligible for this Master's Program, potential students must fall into one of the following categories:

Sequence 1 (39 credits). Students who already possess New York State certification in a related area and who seek additional certification in Health Education Pre K-12.

Sequence 2 (30 credits). Students who already possess New York State certification in health education and who seek professional certification in Health Education Pre K-12.

#### Admission Requirements

- Possess a Bachelor's degree (or its equivalent) from an accredited college or university.
- Submit scores of the Graduate Record Examination (GRE) revised general test, i.e., verbal reasoning, quantitative reasoning, and analytical writing.
- Demonstrate the ability to successfully pursue graduate study by having attained a minimum cumulative undergraduate grade point average of 3.0 or higher.
- Three letters of recommendation and a Personal Goal Statement.

- For Sequence 1 admission, possess New York State teacher certification in an area other than health education.
- For Sequence 2 admission, possess New York State teacher certification in health education.

#### **Degree Requirements**

Students must consult with the graduate adviser in the health education program before starting their Master's Program. During their first semester, matriculated students are required to plan their graduate program with an adviser in the health education program.

Students must complete one of the two sequences outlined below:

#### Sequence 1 (39 credits):

For students who already possess New York State certification in another subject and who seek certification in Health Education Pre K-12. Course and credit requirements are as follows:

Required HEA courses (9 credits): Credits HEA 602 Research Methods in Health Education 3 HEA 603 History and Philosophy of Health Education and Promotion 3 HEA 620 Health Counseling 3 HEA electives (12) Courses linking health with teaching strategies (9): Credits HEA 671 Teaching Strategies for Health: Psychosocial Wellness 3 HEA 672 Teaching Strategies for Health: Health Promotion Behaviors 3 HEA 673 Teaching: Strategies for Health: Disease and Disability 3 Special Education (3): Credits ESC 506 Special Needs Education in TESOL and Secondary Settings 3

Or

EDS 701 Understanding Individuals with Disabilities

3

EDS 701: Or equivalent.

Student Teaching (3 credits):

Credits

ESC 595 Internship in Classroom Teaching

1-3

ESC 611 Teaching Internship Seminar in Secondary Education 1

ESC 595: For in-service teachers.

Master's Project (3):

Credits

ESC708 Project Seminar in Curriculum, Materials, and Assessment in Specialized Areas

3

# Sequence 2 (30 credits):

For students who already possess New York State certification in health education and who seek professional certification in Health Education Pre K-12. The curriculum consists of 30 graduate credits. Course and credit requirements are as follows:

Required HEA courses (9 credits):

|  | Credits |
|--|---------|
| HEA 602 Research Methods in Health Education                     | 3       |
| HEA 603 History and Philosophy of Health Education and Promotion | 3       |
| HEA 620 Health Counseling  | 3       |
| Health electives (3)   |         |
| Courses linking health with teaching strategies (9):             |         |
|  | Credits |
| HEA 671 Teaching Strategies for Health; Psychosocial Wellness    | 3       |

HEA 672 Teaching Strategies for Health: Health Promotion Behaviors 3 HEA 673 Teaching: Strategies for Health: Disease and Disability 3 Special Education (3): Credits ESC 506 Special Needs Education in TESOL and Secondary Settings 3 Or EDS 701 Understanding Individuals with Disabilities 3 EDS 701: Or equivalent. Student Teaching (3 credits): Credits ESC 595 Internship in Classroom Teaching 1-3 ESC 611 Teaching Internship Seminar in Secondary Education 1 ESC 595: For in-service teachers. Master's Project (3): Credits ESC708 Project Seminar in Curriculum, Materials, and Assessment in 3 Specialized Areas

# 3. <u>To:</u>

#### Health Pre K-12 Teacher, M.S.Ed. Program

This program is designed for students seeking a master's degree in Teaching Health Education. Graduates of this program are recommended for New York State Initial or Professional Certification in Health Education (Pre K-12). Students are supervised in their fieldwork and student teaching by faculty members of the Health Education program in the Department of Health Sciences. Advisement is provided by the Graduate Program Director and faculty members of the Health Education Program in the Department of Health Sciences and/or the Department of Middle and High School Education.

To be eligible for this Master's Program, potential students must fall into one of the following categories:

Sequence 1 (39 credits). Students who already possess New York State certification in a related area and who seek additional certification in Health Education Pre K-12.

Sequence 2 (30 credits). Students who already possess New York State certification in health education and who seek professional certification in Health Education Pre K-12.

#### Admission Requirements

- Possess a Bachelor's degree (or its equivalent) from an accredited college or university.
- Submit scores of the Graduate Record Examination (GRE) revised general test, i.e., verbal reasoning, quantitative reasoning, and analytical writing.
- Demonstrate the ability to successfully pursue graduate study by having attained a minimum cumulative undergraduate grade point average of 3.0 or higher.
- Three letters of recommendation and a Personal Goal Statement.
- For Sequence 1 admission, possess New York State teacher certification in an area other than health education.
- For Sequence 2 admission, possess New York State teacher certification in health education.

#### **Degree Requirements**

Students must consult with the graduate adviser in the health education program before starting their Master's Program. During their first semester, matriculated students are required to plan their graduate program with an adviser in the health education program.

Students must complete one of the two sequences outlined below:

#### Sequence 1 (39 credits):

For students who already possess New York State certification in another subject and who seek certification in Health Education Pre K-12. Course and credit requirements are as follows:

| Red   | uired  | HFA | courses | (9 | credits | ) : |
|-------|--------|-----|---------|----|---------|-----|
| 1 100 | juliou | IIL | COurses | ı  | CICUITO | ,.  |

Credits

HEA 602 Research Methods in Health Education

3

| HEA 603 Histo   | ry and Philosophy of Health Education and Promotion    | 3        |   |
|-----------------|--|----------|---|
| HEA 620 Healt   | h Counseling   | 3        |   |
| HEA electives   | (12)   |          |   |
| HEA 502         | Women and Health                                       | <u>3</u> |   |
| HEA 509         | Drugs and Substance Abuse                              | <u>3</u> |   |
| HEA 510         | Health and Aging                                       | <u>3</u> |   |
| HEA 511         | HIV/AIDS   | <u>3</u> |   |
| HEA 627         | Health Problems and Issues in Contemporary Society     | <u> </u> |   |
| HEA 636         | Perspectives on Death and Dying                        | <u>3</u> |   |
| HEA 640         | Nutrition and Chronic Diseases                         | <u>3</u> |   |
| HEA 680         | Special Topics in Health Education                     | <u>3</u> |   |
| Courses linking | g health with teaching strategies (9):                 |          |   |
|                 |  | Credits  |   |
| HEA 671 Teacl   | hing Strategies for Health; Psychosocial Wellness      | 3        |   |
| HEA 672 Teach   | hing Strategies for Health: Health Promotion Behaviors | 3 3      |   |
| HEA 673 Teach   | hing: Strategies for Health: Disease and Disability    | 3        |   |
| Special Educat  | tion (3):  |          |   |
|                 |  | Credit   | S |
| ESC 506 Spec    | ial Needs Education in TESOL and Secondary Settings    | s 3      |   |
| Or              |  |          |   |
| EDS 701 Unde    | rstanding Individuals with Disabilities                | 3        |   |
| EDS 701: Or e   | quivalent.   |          |   |
| Student Teach   | ing (3 credits):                                       |          |   |
|                 |  | Credit   | S |

ESC 595 Internship in Classroom Teaching 1-3 ESC 611 Teaching Internship Seminar in Secondary Education 1 ESC 595: For in-service teachers. Master's Project (3): Credits  ${\sf ESC708} \overset{\sf Project \ Seminar \ in \ Curriculum, \ Materials, \ and \ Assessment \ in \ Specialized \ Areas}$ 3 Sequence 2 (30 credits):

For students who already possess New York State certification in health education and who seek professional certification in Health Education Pre K-12. The curriculum consists of 30 graduate credits. Course and credit requirements are as follows:

#### Required HEA courses (9 credits):

|   | Credits  |  |
|---|----------|--|
| HEA 602 Research Methods in Health Education                              | 3        |  |
| HEA 603 History and Philosophy of Health Education and Promotion ${}_{3}$ |          |  |
| HEA 620 Health Counseling   | 3        |  |
| Health electives (3)  |          |  |
| HEA 502 Women and Health  | <u>3</u> |  |
| HEA 509 Drugs and Substance Abuse   | <u>3</u> |  |
| HEA 510 Health and Aging  | <u>3</u> |  |
| HEA 511 HIV/AIDS  | <u>3</u> |  |
| HEA 627 Health Problems and Issues in Contemporary Society                | 3        |  |
| HEA 636 Perspectives on Death and Dying                                   | <u>3</u> |  |
| HEA 640 Nutrition and Chronic Diseases                                    | <u>3</u> |  |
| HEA 680 Special Topics in Health Education                                | <u>3</u> |  |
|   |          |  |

Courses linking health with teaching strategies (9):

| 3 3 ( )   | Credits              |  |
|---|----------------------|--|
| HEA 671 Teaching Strategies for Health; Psychosocial Wellnes                  | ss 3                 |  |
| HEA 672 Teaching Strategies for Health: Health Promotion Be                   | haviors <sub>3</sub> |  |
| HEA 673 Teaching: Strategies for Health: Disease and Disabili                 | ty 3                 |  |
| Special Education (3):  |                      |  |
|   | Credits              |  |
| ESC 506 Special Needs Education in TESOL and Secondary Settings ${\bf _3}$    |                      |  |
| Or  |                      |  |
| EDS 701 Understanding Individuals with Disabilities                           | 3                    |  |
| EDS 701: Or equivalent.   |                      |  |
| Student Teaching (3 credits):   |                      |  |
|   | Credits              |  |
| ESC 595 Internship in Classroom Teaching                                      | 1-3                  |  |
| ESC 611 Teaching Internship Seminar in Secondary Education                    | 1                    |  |
| ESC 595: For in-service teachers.   |                      |  |
| Master's Project (3):   |                      |  |
|   | Credits              |  |
| ESC708 Project Seminar in Curriculum, Materials, and Assess Specialized Areas | ment in 3            |  |

#### 4. Rationale:

Currently elective course offerings are not listed in the Graduate Bulletin for the MSEd program in Health Education. Electives should be listed under Sequence 1 and Sequence 2 so students know what courses are available. This revision makes the MSEd program format consistent with the Advanced Certificate program.

# 5. Date of departmental approval: March 4, 2020